

KIDNEY BEANS (RAJMA) SALAD

Ingredients :

- Boiled kidney beans
- Sliced Onions
- Tomato cubes
- Chopped spring onions.

Dressing (seasoning):

- Olive Oil
- Lemon juice
- Salt
- Chopped or minced garlic

Process :

Mix all the main ingredients in a bowl and prepare the seasoning in another vessel. Toss the ingredients to the dressing for a few seconds. It tastes delicious and is super healthy.